

2024/25 PROGRAM 1

U6	Mini Mini H	70m	200m			Shot	Discus	Vortex	Long Jump	High - SC
U7	Mini H	70m	200m							
U8	60m H	70m	200m							
U9	60m H	70m	200m	400m		Shot	Discus	Turbo	Long Jump	High - SC
U10	60m H	70m	400m							
U11		100m	400m	1500m						
U12		100m	400m	1500m		Shot	Discus	Javelin	Triple Jump	High - FF
U13		100m	400m	1500m	200m H					
U14		100m	400m	1500m	200m H					
U15		100m	400m	1500m	300m H	Shot	Discus	Javelin	Triple Jump	High - FF
U16		100m	400m	1500m	300m H					
U17		100m	400m	1500m	300m H					

2024/25 PROGRAM 2

U6		100m		300m		Shot	Discus	Vortex	Long Jump	High - SC
U7		100m		300m						
U8		100m		500m						
U9		100m		800m	700m W	Shot	Discus	Turbo	Long Jump	High - SC
U10		100m	200m	800m	1100m W					
U11	80m H		200m	800m	1100m W					
U12	80m H		200m	800m	1500m W	Shot	Discus	Javelin	Long Jump	High - FF
U13	80m H		200m	800m	1500m W					
U14	80/90m H		200m	800m	1500m W					
U15	90/100m H		200m	800m	1500m W	Shot	Discus	Javelin	Triple Jump	High - FF
U16	100/110m H		200m	800m	1500m W					
U17	100/110m H		200m	800m	1500m W					

OPENING CEREMONY PROGRAM

U6	100m	200m	Vortex	Long Jump
U7	100m	200m	Discus	Long Jump
U8	100m	200m	Turbo	Long Jump
U9	100m	400m	Shot	Long Jump
U10	100m	400m	Discus	Long Jump
U11	100m	400m	Shot	Triple Jump
U12	100m	400m	Discus	Long Jump
U13	100m	400m	Shot	Long Jump
U14	100m	400m	Javelin	Long Jump
U15	100m	400m	Shot	Long Jump
U16	100m	400m	Shot	Long Jump
U17	100m	400m	Shot	Long Jump

XMAS TWILIGHT PROGRAM

U6	Discus		Vortex	Long Jump
U7	Discus			Long Jump
U8	Discus		Turbo	Long Jump
U9	Shot	Discus		Long Jump
U10		Discus		Long Jump
U11	Shot			Triple Jump
U12		Discus		Long Jump
U13	Shot			Long Jump
U14			Javelin	Long Jump
U15	Shot			Long Jump
U16	Shot			Long Jump
U17	Shot			Long Jump

TIM PROGRAM

U6	100m			300m
U7	100m			300m
U8	100m			500m
U9		100m	200m	800m
U10	60m H	100m	200m	800m
U11	80m H		200m	800m
U12	80m H		200m	800m
U13	80m H		200m	800m
U14	80m H		200m	800m
U15	90/100m H		200m	800m
U16	100/110m H		200m	800m
U17	100/110m H		200m	800m

JANUARY TWILIGHT PROGRAM

U6	Shot	Discus		Long Jump
U7		Discus	Vortex	Long Jump
U8	Shot		Turbo	Long Jump
U9		Discus	Turbo	Long Jump
U10	Shot			Long Jump
U11	Shot		Javelin	Triple Jump
U12			Javelin	Long Jump
U13		Discus		Long Jump
U14		Discus		Long Jump
U15	Shot		Javelin	Triple Jump
U16	Shot		Javelin	Triple Jump
U17	Shot		Javelin	Triple Jump